



Did you know...

Your super-friendly, diverse (and hidden) gym has a “Friends of K. Road” Membership especially for you?

Feel welcome to come-in to see all that we have to offer. We are more than just an average gym!

Where?

184 Karangahape Road, Newton 1010
Below the Lim Chour Foodcourt (we are surprising large once here).

Phone:

Ollie or Kali on (09) 369-5834.

NB. Larger Staff Groups may receive a larger discount. Ask if you are eligible for our discounted membership